

Martial Arts Class Schedule

Martial Arts	Age/Level	Monday	Tuesday	Wednesday	Thursday	Saturday
Lil Dragons	:30 min class (2 days/week) \$84/month					
	5-6 yr olds	-	4:30-5:00		4:30-5:00	-
All Belts/All Ranks	:45 min class (4-5 days/week) \$124/month					
	7 yrs+					
		5:00-5:30 Introductory Class				
	White Belt	5:30-6:15 Technique	5:00-5:45	5:00-5:45	5:00-5:45 Instructional Class	10:30-11:15 am Instructional Class
	Yellow Belt	5:30-6:15 Technique	5:00-5:45	5:00-5:45	5:00-5:45 Instructional Class	10:30-11:15 am Instructional Class
	Green Belt	5:30-6:15 Technique 6:30-7:15 Sparring	-	5:45-6:30	6:00-6:45 Sparring Class	10:30-11:15 am Instructional Class
	Blue Belt	5:30-6:15 Technique 6:30-7:15 Sparring	-	5:45-6:30	6:00-6:45 Sparring Class	11:15-12:00 pm OPEN Class
	Red Belt	5:30-6:15 Technique 6:30-7:15 Sparring	5:45-6:30	-	6:00-6:45 Sparring Class	11:15-12:00 pm OPEN Class
	Black Belt	5:30-6:15 Technique 6:30-7:15 Sparring	5:45-6:30	-	6:00-6:45 Sparring Class	11:15-12:00 pm OPEN Class
Home School	:45 min (1 day/week) \$74/month					
August-May	6yrs +					
	ALL BELTS	-	-	1:00-1:45	-	-
Fight Club	1 hr (1 day/week) \$84/month-(2 days/wk) \$104/ month-(3 days/wk) \$120/month or Drop In - \$25					
	12 yrs +	-	6:30-7:30	6:30-7:30	-	9:30-10:30am

- * All families are required to pay a \$65 Annual Family Registration Fee.
- * The first dobak (uniform) is included in the \$65 fee.
- * Instructional class uniform is Mpack t-shirt with dobak pants and belt.
- * Open class uniform is non restrictive clothing.

