ERIC "SHOWBOAT" MELTON

SOME OF YOU MAY KNOW HIM AS "COACH ERIC,"

"SOLDIER," OR EVEN "DRAGON WARRIOR."

DID YOU KNOW HE WAS ONCE THE 1992 WORLD

WELTERWEIGHT KICKBOXING CHAMPION?

COACH ERIC HAS A FIGHTING RECORD OF
53-5-0 WITH 32 KNOCKOUTS.

HE WAS ALSO A U.S. LIGHTWEIGHT AND
MIDDLEWEIGHT KICKBOXING CHAMPION. IN
1996, HE WAS THE OLYMPIC TORCH BEARER IN
NASHVILLE, TN FOR THE OLYMPIC SUMMER
GAMES IN ATLANTA.





ABOUT US



MPACT SPORTS WAS FOUNDED BY

ERIC & DEE ANN MELTON IN 2002. THE MELTON FAMILY HAS ALWAYS HAD A PASSION FOR GYMNASTICS & MARTIAL ARTS AND WANTED TO BLESS THE MIDDLE TENNESSEE AREA WITH A FACILITY THAT OFFERED BOTH FOR FAMILIES!

CONTACT INFORMATION

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MAILING ADDRESS: 121 SEABOARD LANE SUITE 1 FRANKLIN, TN 37067











MARTIAL ARTS

WWW.MPACTSPORTS.COM

FIGHT CLUB

AGES 12+ TUITION:

1 DAY PER WEEK \$40/MONTH

2 Days per week \$75/Month 3 Days per week \$100/month

DROP INS - \$20 A PERSON/ SESSION

TUESDAY WEDNESDAY SATURDAY 6:30-7:30 PM 6:30-7:30 PM 9:30-10:30 AM

HOMESCHOOL MARTIAL ARTS & GYMNASTICS

ALL LEVELS

TUITION: \$69/MONTH

WEDNESDAY 1:00-1:45 PM

SPARRING

GREEN BELT AND UP

MONDAY 6:30-7:30 PM

THURSDAY 6:00-6:45 PM THURSDAY 6:45-7:30 PM



MARTIAL ARTS

21ST CENTURY TAEKWONDO WITH AN EMPHASIS ON SELF DEFENSE.

LIL' DRAGONS

AGES 4-5 YEARS

TUITION: \$89/MONTH

THURSDAY TUESDAY 2 Days per week

4:30-5:00 PM

4:30-5:00 PM

INTRODUCTORY

ALL BEGINNERS 6 & UP

MONDAY 5:00-5:30 PM **TECHNIQUE** YELLOW AND UP

> **MONDAY** 5:30-6:15 PM

WHITE & YELLOW BELT

Tuition: \$99/MONTH

TUESDAY THURSDAY 5:00-5:45 PM 5:00-5:45 PM WEDNESDAY SATURDAY 5:00-5:45 PM 10:30-11:15 AM

GREEN & BLUE BELT

Tuition: \$99/MONTH

MONDAY: TECHNIQUE THURSDAY: SPARRING 6:00-6:45 PM 5:30-6:15 PM

WEDNESDAY

SATURDAY 5:45-6:30 PM

MONDAY: SPARRING 10:30-11:15 AMG

11:15-12:00 PM B 6:30-7:30 PM

RED & BLACK BELT

TUITION: \$99/MONTH

MONDAY: TECHNIQUE THURSDAY: SPARRING

6:45-7:30 PM 5:30-6:15 PM **TUESDAY**

SATURDAY MONDAY: SPARRING 5:45-6:30 PM

11:15-12:00 PM 6:30-7:30 PM

SATURDAYS

WHITE /YELLOW/GREEN BELTS **INSTRUCTIONAL CLASS**

10:30-11:15 AM

BLUE/RED/BLACK BELTS **OPEN CLASS**

11:15-12:00 PM











