

# ERIC "SHOWBOAT" MELTON

SOME OF YOU MAY KNOW HIM AS "COACH ERIC,"  
"SOLDIER," OR EVEN "DRAGON WARRIOR."  
DID YOU KNOW HE WAS ONCE THE WORLD  
WELTERWEIGHT KICKBOXING CHAMPION?

COACH ERIC HAS A FIGHTING RECORD OF 53-5-  
0 WITH 32 KNOCKOUTS. HE WAS ALSO A U.S.  
LIGHTWEIGHT AND MIDDLEWEIGHT  
KICKBOXING CHAMPION. IN 1996, HE WAS THE  
OLYMPIC TORCH BEARER IN NASHVILLE, TN  
FOR THE OLYMPIC SUMMER GAMES.



## ABOUT US



MPACT SPORTS WAS FOUNDED BY  
ERIC & DEE ANN MELTON IN 2002. THE MELTON  
FAMILY HAS ALWAYS HAD A PASSION FOR  
GYMNASTICS & MARTIAL ARTS AND WANTED TO  
BLESS THE MIDDLE TENNESSEE AREA WITH A  
FACILITY THAT OFFERED BOTH FOR FAMILIES!

## CONTACT INFORMATION

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# MARTIAL ARTS

[MPACTSPORTS.COM](http://MPACTSPORTS.COM)

# FIGHT CLUB

AGES 12+

TUITION:

1 DAY PER WEEK \$40/MONTH

2 DAYS PER WEEK \$75/MONTH

3 DAYS PER WEEK \$100/MONTH

DROP INS - \$20

TUESDAY  
6:30-7:30PM

WEDNESDAY  
6:30-7:30PM

SATURDAY  
9:30-10:30AM

# HOMESCHOOL MARTIAL ARTS

ALL LEVELS

TUITION: \$59/MONTH

WEDNESDAY  
1:00-1:45PM



# MARTIAL ARTS

21ST CENTURY TAEKWONDO WITH AN  
EMPHASIS ON SELF DEFENSE.

LIL' DRAGONS

AGES 4-5 YEARS

TUITION: \$89/MONTH

3 DAYS PER WEEK

TUESDAY  
4:30-5:00PM

WEDNESDAY  
4:30-5:00PM

THURSDAY  
4:30-5:00PM

WHITE & YELLOW BELT

TUITION: \$95/MONTH

4-5 DAYS PER WEEK

MONDAY  
4:30-5:15PM

TUESDAY  
5:00-5:45PM

WEDNESDAY  
5:00-5:45PM

THURSDAY: INSTRUCTIONAL CLASS  
5:00-5:45PM

GREEN & BLUE BELT

TUITION: \$95/MONTH

4 DAYS PER WEEK

MONDAY  
5:30-6:15PM

WEDNESDAY  
5:45-6:30PM

THURSDAY: SPARRING  
6:00-6:45PM

RED & BLACK BELT

TUITION: \$95/MONTH

4 DAYS PER WEEK

MONDAY  
6:30-7:15PM

TUESDAY  
5:45-6:30PM

THURSDAY: SPARRING  
6:45-7:30PM

# SATURDAYS

10:30-11:15PM WHITE/YELLOW/GREEN BELTS  
INSTRUCTIONAL CLASS  
(MPACT SHIRT, TKD BELT WITH  
DOBAK PANT)

11:15-12:00PM BLUE/RED/BLACK BELTS  
OPEN CLASS  
(NONRESTRICTIVE CLOTHING)

